Kathy Day-Kidd-Ross, 182 Booth St., Ottawa, Ont. K1R-7J4 (613) 728-6427

Re: Hilary Lynne Ross

Cc: Dr. Ron Rushforth

Via Registered Mail

Kathy;

Bill Ross 414 Fraser Ave. Ottawa, Ont. K2A-2P9 (613) 724-4544

Nov 10, 2003

In the last six months, I and virtually everyone else in Hilary's life have noticed a dramatic and disturbing deterioration in Hilary's state of mind and behavior. She has gone from a happy, bubbly, sociable, open person to withdrawn and haunted. Every time Hilary communicates or visits with you, her stress appears to get worse. In particular, the following behavioral traits have been observed.

- Hilary appears to have lost all sense of self and has dropped the phrase "I want" from her vocabulary.
- Hilary refuses to tell anyone what she wants and refuses to take a position on the simplest of matters, for example, what she would like to eat or even if she is hungry.
- Hilary appears to spend much of her time pre-occupied, with a very worried look on her face, which she will not discuss.
- Hilary refuses to discuss what is on her mind with the many people who have earned her trust and confidence, including myself and her sister Khierstyn.
- Hilary refuses to engage in the many activities that she used to enjoy such as playstation and her favorite TV shows. She has to be ordered to have fun.
- Hilary is reluctant to participate in activities involving the spending of money which we, as a family sometimes enjoy doing together. She claims she is using me by doing so.
- Hilary appears to have adopted the opinion that she must be totally subservient to those around her.
- Hilary will not directly answer questions and seems to consider thinking and paying attention as unpleasant things to be avoided.

In my opinion, based on the facts, I believe that Hilary is suffering from extreme psychological manipulations on your part, resulting in Hilary's confusion. This, of course, is in support of your ongoing manipulations of the social support system, using the children as a pretext to avoid working and to secure money for your addictions. This is just another one of your scams, just as our marriage was. To date my response to your unceasing manipulations has been to teach our daughters to resolve issues by looking at the facts and teaching the ability to objectively resolve issues. In this case, the approach

has failed and Hilary is suffering greatly and will not allow people, including family and friends to help her.

In particular, I believe the following is true, based on identical past manipulations by you that Hilary's older sister Khierstyn had to endure and resolve to the point of not wanting to associate with yourself:

- You have convinced Hilary that all conversations and events between yourselves must be top secret, on penalty of her betraying you. You have placed Hilary in the position that she must lie and have no third party opinions to protect your secrets and manipulations. You have isolated Hilary, the first step in brainwashing.
- You have convinced Hilary that her behavior is an influential factor in whether or not you have/do/will choose to consume alcohol to excess, to the costly point of negatively affecting the survival of those around you. In particular, this seems to mean that Hilary is a traitor, making you consume alcohol if she chooses not to see or please you.
- You have directly told Hilary that whether or not you choose to commit suicide depends on her "proper" behavior in an unknown and open-ended way. This is from a third party who recently managed to get Hilary to "open up".
- I have often witnessed you manipulate and bully Hilary into "promising" she will visit with you. Hilary does not want to see you and you make it a very unpleasant, guilt-ridden event for her to tell you so. She does, however keep her promises, at great stress. It is Hilary's right to make un-coerced decisions in the area of who she wants to be with. It is your responsibility to behave in a manner that results in good personal relationships which would give our children reason to want to see you.

I can hardly begin to enumerate the vast extent of why and how destructive and wrong your behavior is and has been. To use the natural love and trust of children for a mother to their own detriment as pawns in your selfish schemes is an evil betrayal beyond belief. I will no longer tolerate your negative influence in Hilary's life, since it has gone beyond the point of Hilary's and my ability to cope and counter. My past tolerance of you was based on my choice that our daughters see that some choices have consequences they may not want and to spare them wondering about their unknown mother. This time, your abuse, manipulations and betrayal has really hurt and traumatized Hilary, beyond my ability to counter and help her to understand. You have crossed the line. The line is that you are well within your rights to destroy yourself, but do not have the right to hurt anyone else, especially children.

The consequence is that, per judicial court order which grants myself emergency medical decision power, I am making a medical judgment that, until psychological help is available for Hilary and professional advice is secured in this matter, you are not allowed to communicate with Hilary in any direct or indirect manner whatsoever. This, for the simple reason that you seem to be the stressor and cause of Hilary's current difficulties.

Failure to respect this decision, followed by respecting professional advice in this matter will leave me no option but to seek a final resolution to the problems you insist on

creating in our lives. This, of course, will result in the courts facing the fact that the proven facts they once dismissed as irrelevant speculation from a "potentially abusive" male have finally manifested as undeniable facts, which cannot be rationalized away. Time reveals all. Do you really want to invite the blundering tempest of the courts back into our lives? Do you want to face the issues of which this is but a small part? As you know, my issues are with the legal system and I consider you a foolish pawn, playing a game that various corrupt professions have set up to make people fight, to profit and provide a pretext for unlawful power. My morality says I must ultimately fight them, but I do not believe I have the moral right to make our children suffer in the process, by allowing conflict and stress into our lives. Therefore, I am biding my time on this and later will choose when and how to deal with the legal farce of our marriage and divorce and the larger issues at the heart of this matter.

On November 11<sup>th</sup>, Hilary and I have an appointment with Doctor Ron Rushforth, GP who has familiarity with the parties involved to secure a referral for a child psychiatrist to help Hilary understand and cope with whatever has really happened here. I expect no interference or participation by you in this course of action.

Bill Ross
Bill Poss